

* The Prusik is the most popular and versatile friction hitch. It's tied with a Prusik loop—made out of a smaller-diameter cord tied into a loop with a double fisherman's knot—wrapped around a larger-diameter rope.
Unweighted, the Prusik can be pushed along a rope. Weighted, the Prusik cinches down on the rope it's tied around and anchors it in place. It's sometimes used in mountaineering to ascend ropes in crevasse rescues. It's also commonly used in rock climbing as a backup for belay devices while rappelling or lowering another climber. The Prusik has a number of uses around a campsite: I've used them to make adjustable-height hanging tables that can be raised and lowered inside a big tent. They also help to adjust the tension of guylines, an ideal fix when you need to keep your tent lashed down securely in

blustery weather. ^{Source} * [outsideonline.com/2420953/outdoor-gear-prusik-knot/](https://www.outsideonline.com/2420953/outdoor-gear-prusik-knot/)
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